

Joe's NEWS

Selected information from the city magazine "ONOJO"

Jan. 15th, 2022 issue (No.1)

Declaration of Final Tax Return at AEON Mall Chikushino

You can consult about your final tax return at AEON Mall Chikushino (3rd Floor, AEON Hall). If you would like to consult, please visit there with someone who can speak Japanese. Please bring every necessary document for the declaration. Chikushi Taxation Office accepts only completed documents.

● **Venue** AEON Mall Chikushino (3rd Floor, AEON Hall)

● **Period and Time**

Consultation and Acceptance Period	Time
Tue, Feb. 1 st - Tue, Mar. 15 th	9:00am - 4:00pm

*Except Saturdays, Sundays and National Holidays

Notes

Numbered Ticket Required

You need a numbered ticket to enter the venue to avoid the crowds. Therefore please get the ticket in advance.

● How to Get Numbered Ticket

You can get a numbered ticket through 国税庁, National Tax Agency, LINE Official Account. Please scan the QR code below, access 国税庁 LINE Official Account, and add the account as a LINE friend. Please follow the instruction on the screen.



国税庁, National Tax Agency,
LINE Official Account

For further information, please access to the HP of National Tax Agency <https://www.nta.go.jp/english/index.htm> (English Page) or contact us.

Declaration of Final Tax Return at Onojo City Office

If you are aged 70 and older living in Onojo City as of Jan. 1st, 2022 and your income is only pension, only salary or both of pension and salary, you can submit the documents at Onojo City Office.

● **Venue** Onojo City Hall, New building 4F (Room #427)

● **Period and Time**

Acceptance Period	Time
Wed, Feb. 16 th - Mon, Feb. 28 th	9:00am - 3:30pm

*Except Saturdays, Sundays and National Holidays



For further information, please contact us.

Child care supporter [Takenoko Child care salon]

● **Subject person**

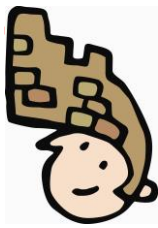
- ◇ Preschoolers and their guardians who have just moved into Onojo city
- ◇ Preschoolers and their guardian, pregnant women who do not belong to any groups of childcare and wish to make friends

● **Date and Time** Wed, Feb. 2nd 10:30am - 11:30am

● **Venue** Onojo City Sogo Fukushi Center 2F (General Welfare Center), Tamokutekishitsu (Multipurpose Room)

For application or further information, please contact Local Culture and Industry Promotion Section
Tel: 092-580-1876 Fax: 092-573-7791
E-mail: sangyo@city.onojo.fukuoka.jp





Joe's NEWS

Selected information from the city magazine "ONOJO"

Jan. 15th, 2022 issue (No.2)

Declaration of Residential Tax and National Health Insurance Tax

●Subject Person

- ◇Who had income in 2021, and live in Onojo City as of January 1st, 2022
- ◇Who is head of a household who has enrolled in the National Health Insurance.(Kokumin Kenko Hoken)
- ◇Who has enrolled in Older Senior Citizens' Medical System (Koki Koreisha Iryo Hoken)
- *Please declare even in the case of having no income if you need an income certificate or a taxation certificate.
- *if you are employed, please ask your employer if you are a subject person or not.
- *If you submit your final tax return document, you don't need to declare.

●Necessary Items

- ◇Documents which certify your income such as Certificate of Pension and Certificate of Withholding Tax
- ◇Personal Seal
- ◇The documents which certify your insurance premium payment
- ◇Life or (and) Earthquake insurance premium deduction certificate
- ◇My number card or Notification card of your "My Number" and Document to identify yourself such as a valid driver's license card
- ◇Other certificates (If you would like to apply for other deductions.)

●Acceptance Period and Venue

Acceptance Period	Time
Wed, Feb. 16 th - Tue, Mar. 15 th	9:00am - 3:30pm

*Except Saturdays, Sundays and National Holidays

●Venue Onojo City Hall, New building 4F (Room #428)

For further information, please contact us.

*We might limit the number of people to the venue and distribute numbered tickets depending on crowds.

Novel Coronavirus (COVID-19) Vaccination

The interval of COVID-19 vaccination for booster shot (3rd dose) to elderly people except nursing home residents is shortened.

In principle, COVID-19 vaccine booster shot (3rd dose) will be given 8 months or more after the 2nd dose under a policy of the government of Japan.

However, as an exception, nursing home residents and people who are hospitalized will be able to receive the booster shot 6 months or more after the date of the 2nd dose, and other elderly people will be able to receive the booster shot 7 months or more after the date of the 2nd dose.

The booster shot 7 months or more after the date of the 2nd dose was supposed to be given from February 2022, but it becomes possible to give the booster shot from January 2022 under a new policy of the government of Japan. Therefore, we offer the booster shots to elderly people who took the 2nd dose 7 months or before except nursing home residents, etc. from January in order.

●Those who will receive a vaccination ticket for the booster shot by the end of January

- ◇Elderly residents who took the 2nd dose by July 8th, 2021

*If you are a subject person, but do not receive the vaccination ticket by the scheduled period, please contact us.

*As for nursing home residents and people who are hospitalized, we will send the vaccination ticket in order after arranging with care homes and hospitals or after receiving application from your family member or the person herself/himself.

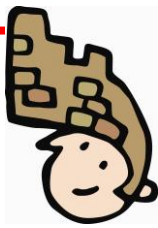
(Continued to No.3)

For application or further information, please contact Local Culture and Industry Promotion Section

Tel: 092-580-1876 Fax: 092-573-7791

E-mail: sangyo@city.onojo.fukuoka.jp





Joe's NEWS

Selected information from the city magazine "ONOJO"

Jan. 15th, 2022 issue (No.3)

Novel Coronavirus (COVID-19) Vaccination

Vaccination Schedule in January

Dates	Time	Venue / Vaccine Type
Fri, Jan. 14 th	2:00pm-8:30pm	S / Pfizer vaccine
Sat, Jan. 15 th	2:00pm-6:00pm	S / Pfizer vaccine
Fri, Jan. 21 st	2:00pm-8:30pm	S / Pfizer vaccine
Sat, Jan. 22 nd	2:00pm-6:00pm	S / Pfizer vaccine
Thu, Jan. 27 th	2:00pm-8:30pm	M / Pfizer vaccine
Fri, Jan. 28 th	2:00pm-8:30pm	S / Pfizer vaccine
Sat, Jan. 29 th	2:00pm-6:00pm	◇S◇M / Pfizer vaccine
Sun, Jan. 30 th	9:00am-1:00pm	◇S◇M / Moderna vaccine *Booster shot (3 rd dose) only

*The 1st dose and the 2nd dose are available as well.

(As of Dec. 27th, 2021)

●Vaccination Venue

- ◇S...Sukoyaka Koryu Plaza 【4-2-1 Kawarada, Onojo City】
- ◇M...Minami community Center 【5-9-1 Minamigaoka, Onojo City】

●Subject person for the booster shot

Persons aged 18 or over who took 2 doses of COVID-19 vaccine

*We confirm the vaccination history on the Vaccination Record System (VRS) and send a vaccination ticket that is combined with questionnaire to eligible persons to take the 3rd dose of COVID-19 vaccine in order.

*If you work in care homes, you might take the booster shot in your office. For the information, please ask your company.

*We might add vaccination dates. For further information, please check the HP of Onojo city or contact us.

(Continued on the right column)

Novel Coronavirus (COVID-19) Vaccination

●Reservation Period

You can make a reservation as soon as you received the vaccination ticket for the 3rd COVID-19 dose. *Vaccination reservation procedure is the same as the 1st and 2nd doses. Please see the page No. 4.

●Vaccine we use for the booster shot Pfizer / Moderna

It is possible to take Pfizer vaccine or Moderna vaccine for the booster shot regardless of the type of vaccine given for your primary vaccination (for the 1st and 2nd doses). In the present situation of COVID-19 vaccine supply to the city, we provide Moderna vaccine in addition to Pfizer vaccine.

*Vaccine you can take depends on the vaccination day. Please make sure vaccine type when making a reservation.

(Continued to No.4)

Joe'BOX



Don't feel alone.

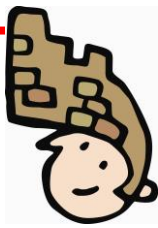
Please email us at

sangyo@city.onojo.fukuoka.jp

[if you have any problems living in Onojo City.](mailto:sangyo@city.onojo.fukuoka.jp)

For application or further information, please contact Local Culture and Industry Promotion Section
Tel: 092-580-1876 Fax: 092-573-7791
E-mail: sangyo@city.onojo.fukuoka.jp





Joe's NEWS

Selected information from the city magazine "ONOJO"

Jan. 15th, 2022 issue (No.4)

Novel Coronavirus (COVID-19) Vaccination

●How to make a vaccination reservation

- ◆Prepare your vaccination ticket at hand.
- ◆You can make a vaccination reservation by phone or online.
- ◆If you need any help such as language support at a vaccination venue, please let us tell when you make a reservation.
- *If you cancel your vaccination reservation for some reason, please let us know by one day before your vaccination day by phone or online. We only accept cancellation on the day of your vaccination day by phone.
- *You cannot make or change a reservation at a vaccination venue.

●Contact to make a reservation

◆Online



【Onojo City COVID-19
Vaccination Reservation Website】

*When making a reservation online, please choose the date and time for the 3rd vaccination.

◆By Phone

Onojo City COVID-19 Vaccination Call Center at **092-580-1892**

*Reception time: 9:00am - 8:00pm

*Open on weekdays, Saturdays, Sundays and National holidays except Dec. 29th - Jan. 3rd

*If you take the vaccine at a venue other than the city vaccination venue after making a vaccination reservation in Onojo City, please be sure to cancel your vaccination reservation in Onojo City.

(Continued on the right column)

Novel Coronavirus (COVID-19) Vaccination

For consultation regarding COVID-19 in foreign languages, please contact the phone numbers below.

●Fukuoka Multilingual Assistance and Information Center

TEL: 0120-279-906 (Toll-free)

*Reception Time: 10:00am - 7:00pm *except Dec. 29th - Jan. 3rd

*Support Languages: Japanese, English, Chinese, Korean, Vietnamese, Nepalese, Indonesian, Tagalog, Thai, Malay, Spanish, French, German, Italian, Russian, Portuguese, Myanmarese, Khmer, Mongolian, Sinhala, Hindi

◇Telephone Consultation Service by Ministry of Health, Labour and Welfare

●Regarding Novel Coronavirus

TEL: 0120-565653 (Toll-free)

●Regarding Novel Coronavirus Vaccination

TEL: 0120-761770 (Toll-free)

*Reception Time:

◇Japanese, English, Chinese, Korean, Portuguese, Spanish: 9:00am - 9:00pm

◇Thai: 9:00am - 6:00pm ◇Vietnamese: 10:00am - 7:00pm

*Service is provided on weekends and national holidays as well as weekdays.

●Medical consultation such as side effect

TEL: 092-687-4884

*Reception Time: 9:00am - 9:00pm

*Service is provided on weekends and national holidays as well as weekdays.

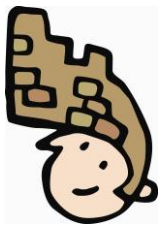
*Support Languages: English, Chinese, Korean, Vietnamese, Indonesian, Tagalog, Thai, Nepali, Malay, Spanish, Portuguese, German, French, Italian, Russian, Khmer language, Myanmar, Sinhala, Mongolian

Notes

◆Due to the delay of vaccine supply, the vaccination might be cancelled. We will inform you of the cancellation 4 days before the day that vaccination is scheduled to be conducted on the HP of Onojo City and the vaccination reservation website. We will send a post card to persons who cannot take a vaccine due to the cancellation. ◆When we cancel the vaccination due to a natural disaster, we will inform you of the information on the HP of Onojo City and the vaccination reservation website as needed.

For application or further information, please contact Local Culture and Industry Promotion Section
Tel: 092-580-1876 Fax: 092-573-7791
E-mail: sangyo@city.onojo.fukuoka.jp





Joe's NEWS

Selected information from the city magazine "ONOJO"

Jan. 15th, 2022 issue (No.5)

Orientation for Guardians of New 1st Grade Elementary School Students

The orientations for enrollment in April 2022 will be held in each elementary school as follows.

●Subject Person

Guardians of new 1st grade elementary school students in April 2022

●Contents

- ◇introduction of school life
- ◇things to prepare in advance
- ◇explanation for school commuting roads

●Necessary Items

- ◇Pens
- ◇Slippers
- ◇Bag to put your shoes in

Schedule of Orientation

Elementary School	Venue	Date	Reception Time	Guidance	Phone Number
Shimoori	Multi Purpose Room	Tue, Jan. 25 th	9:30 am -	10:00am-11:45am	092-501-8722
Mikasanomori	Gymnasium	Wed, Jan. 26 th	9:30 am -	10:00am-11:10am	092-504-1431
Ono Kita		Thu, Jan. 27 th	9:30 am -	10:00am-12:00pm	092-581-1501
Ono		Wed, Feb. 2 nd	9:30 am -	10:00am-11:30am	092-581-1027
Ono Minami		Wed, Feb. 2 nd	9:30 am -	10:00am-11:30am	092-596-1223
Ono Higashi		Wed, Feb. 2 nd	9:30 am -	10:00am-11:00am	092-503-7160
Ori		Wed, Feb. 2 nd	9:00 am -	9:30am-11:30pm	092-596-3092
Ogi		Wed, Feb. 2 nd	9:45 am -	10:00am-11:30am	092-503-6332
Hirano		Thu, Feb. 3 rd	9:30 am -	10:00am-11:30am	092-596-5711
Tsukinoura		Fri, Feb. 4 th	9:30 pm -	10:00am-11:10am	092-595-6776

*For further information, please contact each elementary school.

Free Consultation for Foreign Nationals and Associated Companies

Onojo City with the cooperation of the Fukuoka International Exchange Center will hold free consultation with experts. Individual consultations can be made with specialists such as administrative scriveners and social insurance labor consultants. You can consult about living, jobs, status of residence, etc. If you would like to speak in any language other than Japanese, you can consult in the 18 languages written below. For further information, please contact us.

- Subject Person ◇Foreign nationals living in Onojo area
◇Companies associated to foreign nationals

- Date and Time Thu, Feb. 17th, 2022 1:00pm - 4:00pm

- Venue Onojo City Hall, 5F, 511 Meeting Room
(2-2-1 Akebono-machi, Onojo City)

- Limit: 3 - 5 people (first come first served basis)

*Time per person: Up to 1 hour (including interpretation time)

- Languages: English, Chinese, Korean, Vietnamese, Nepali, Indonesian, Tagalog, Thai, Portuguese, Spanish, French, German, Italian, Russian, Malay, Myanmar, Khmer, Mongolian

●How to Apply

A reservation is needed for the consultation. Please call or E-mail us, Local Culture and Industry Promotion Section, beforehand for a reservation by the reservation deadline, Tue, Feb. 8th.

◇Phone: 092-580-1876

◇E-mail: sangyo@city.onojo.fukuoka.jp

*Please write "Application for Free Consultation in Multiple Languages" in subject line when you apply for via e-mail.

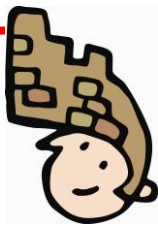
*If the applications exceed the limit, you might not have a consultation this time.

- Application Deadline Tue, Feb. 8th



For application or further information, please contact Local Culture and Industry Promotion Section
 Tel: 092-580-1876 Fax: 092-573-7791
 E-mail: sangyo@city.onojo.fukuoka.jp





Joe's NEWS

Selected information from the city magazine "ONOJO"

Jan. 15th, 2022 issue (No.6)

Individual Health Check-up

Specific Health Check-up

Specific Health Check-up is a great opportunity to check your health. This check-up focuses on metabolic syndrome to prevent Lifestyle Disease.

●Subject Person

Aged 40 - 74 who is a member of National Health Insurance

*Consultation Ticket (Jushin-ken) has been sent to subject residents in the middle of May 2021.

●Check-up Period

until Mon, Feb. 28th (Appointment necessary)

●Place Designated medical institutions (A list of medical institutions is on Jan. 15th issue of the city magazine "Onojo". (written in Japanese))

●Consultation Fee

◇1,000yen for Aged 40 - 69 ◇500yen for Aged 70 - 74

●Necessary Items

◇Specific Health Checkup Consultation Ticket (if you have lost the ticket, please contact us.)

◇Health Check-up Fee ◇National Health Insurance Card

Colon Cancer Screening

Colon Cancer Screening is provided to subject residents.

●Subject Person Onojo residents aged 40 and older

*Those who are a member of Social Health Insurance can also have colon cancer screening.

●Check-up Period until Mon, Feb. 28th (Appointment necessary)

●Details Fecal Occult Blood Test (Two-Day Test)

●Place Designated medical institutions (A list of medical institutions is on Jan. 15th issue of the city magazine "Onojo". (written in Japanese))

●Consultation Fee

◇700 yen for Aged 40 - 69 ◇Free for Aged 70 and older

(Continued on the right column)

Individual Health Check-up

Stomach Cancer Screening

Stomach Cancer Screening with a gastrocamera is held at designated medical institutions. The consultation ticket is sent to persons aged 50- 78 (even age) in June 2021. (If you have lost the ticket, please contact us.)

●Subject Person

Onojo residents aged 50 and older

*Those who are a member of Social Health Insurance can also have colon cancer screening.

*available every two years

*Persons aged 80 or over and did not take the screening last year, please contact us.

●Check-up Period

until Mon, Feb. 28th (Appointment necessary)

●Place Designated medical institutions (A list of medical institutions is on Jan. 15th issue of the city magazine "Onojo". (written in Japanese))



●Consultation Fee

◇2,500yen

*Households on welfare are free of charge. Please show Certificate of getting public assistance (生活保護受給証明書) at a medical institution.

*Please confirm the eligibility beforehand.

<Medical checkup for aged 75 and above>

The notice letter and the consultation ticket were sent to eligible persons at the end of April 2021. The letter and the list are written in Japanese only.

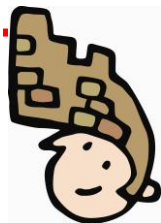
◆How to take: Make an appointment at the designated medical institution.

◆Consultation Fee ◇500yen

(Continued on No. 7)

For application or further information, please contact Local Culture and Industry Promotion Section
Tel: 092-580-1876 Fax: 092-573-7791
E-mail: sangyo@city.onojo.fukuoka.jp





Joe's NEWS

Selected information from the city magazine "ONOJO"

Jan. 15th, 2022 issue (No.7)

Breast Cancer Screening

Please take Breast Cancer Screening (Mammography) for your health! Consultation ticket is sent to subject citizens in June 2021. With consultation ticket, you can take the screening for free at designated medical institutions.

●Subject Person

Onojo residents aged 40 and older

*Those who are a member of Social Health Insurance can also have breast cancer screening.

*available every two years

*The consultation ticket, is sent to persons aged 43 - 79 (odd age) in June 2021. (If you have lost the ticket, please contact us.)

*Persons aged 80 or over and did not take the screening last year, please contact us.

●Check-up Period

until Mon, Feb. 28th (Appointment necessary)

●Place Designated medical institutions (A list of medical institutions is on Jan. 15th issue of the city magazine "Onojo". (written in Japanese))

●Consultation Fee

◇1,200 yen for Aged 40 - 69 ◇Free for Aged 70 and older

【Notification of Co-payment-exempt】

*available only for Colon Cancer Screening and Breast Cancer Screening

●Subject Person Onojo residents aged 69 and younger who are tax-exempt households

●Application Deadline 2 weeks prior to the consultation date

*Please never fail to apply for the exemption beforehand.

*There is no refund after you take the screening at your own expense.

*Please confirm the eligibility beforehand.

*For further information, please contact us.

For application or further information, please contact Local Culture and Industry Promotion Section
Tel: 092-580-1876 Fax: 092-573-7791
E-mail: sangyo@city.onojo.fukuoka.jp



Baby Station

In Onojo city, the facilities where you can change your baby's diapers and/or breast-feed are registered as "Baby Station" and these facilities show the Baby Station logo. Please make use of these facilities when going out with your baby. There are also baby stations in the neighboring cities and towns.

Example of the facilities you can breast-feed and change diapers

Onojo City Hall, Madokapia,
Onojo Cocoro-no-furusato-kan City Museum,
Sukoyaka Koryu Plaza, Public Halls,
Assembly Halls (Kamiori, Mizuho-machi),
AEON Onojo, Family Koryu Center

Example of the facilities you can change diapers

Community Centers, Madoka Park(General Gymnasium),
Mikaneike Park, Hinouraike Park,
Onojo City Sogo Fukushi Center(General Welfare Center), JR Onojo Station

*For the latest information, please check the HP of Onojo City or contact us.



Let's go to "Star-dome-madoka"!

Let's watch the moon and "Gemini" together!

●Date and Time Sat, Feb. 12th 7:00pm - 8:50pm

●Venue Kita Community Center, Star-dome-madoka

●Contents ◇Observing the stars in winter
◇Observing the moon in winter

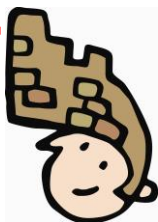
●Fee Free

*No registration in advance necessary.

*Junior High School students and younger must be accompanied by their guardians.

*In the case of rain or cloudiness, a story telling will be held in a room.





Joe's NEWS

Selected information from the city magazine "ONOJO"

Jan. 15th, 2022 issue (No.8)

Nobinobi Hiroba

Why don't you experience parent-child play with our day-care center staff and interact through picture book reading?

● **Subject Person** Children aged 1 - 2 years and 11 months and their guardians living in Onojo City

*Please consult as to participation of siblings.



● Date and Time

Date	Time	Venue
Wed, Feb. 2 nd	1:45pm - 2:45pm (Reception: 1:30pm-)	Reiwa Kodomo Joho Center (Reiwa Children Information Center), Kosodate-oen (support for child raising) Floor (Sukoyaka Koryu Plaza 3F)
Wed, Feb. 9 th		
Wed, Feb. 16 th		

*Multiple applications are not acceptable.

● **Contents** Let's draw pictures!

● **Necessary Items** ◇water bottle ◇towel ◇extra clothes

*Please join wearing casual clothes.

● **Fee** free ● **Limit** 15 groups / each day (First-come first-served basis)

● **Application Period** from Thu, Jan. 20th to Wed, Jan. 26th (9:00am - 3:00pm)

Akachan (baby) Hiroba

Come join us and have a relaxing time with other mothers!

● **Subject Person** 3 months - 12 months old child and mother

*It is not acceptable to bring siblings.



● **Contents** ◇Talk by health nurse, nursery teacher, midwife and nutritionist

◇Parent-child play ◇Reading stories ◇Parenting consultation

Subject Person	Date and time	Venue
Those who live in South / East Community Area	Mon, Feb. 14 th 10:30am-12:00pm	Reiwa Kodomo Joho Center (Reiwa Children Information Center), Kosodate-oen (support for child raising) Floor (Sukoyaka Koryu Plaza 3F)
Those who live in North Community Area	Mon, Feb. 21 st 10:30am-12:00pm	
Those who live in Central Community Area	Mon, Feb. 28 th 10:30am-12:00pm	

(Reception: from 10:00am -) *Please attend in the community area you live.

● **Fee** Free ● **Items to bring** swaddle blanket or bath towel

*No registration in advance necessary *Limited Parking

Recycle Exhibition

Sale and transfer of used bicycles and steel furniture for reusing purpose.

● Date and Time

Tue, Feb. 1st - Sun, Feb. 6th except Sat, Feb. 5th 8:30am - 4:00pm

● Venue

Kasuga Onojo Recycle Plaza (6-2 Kasugakoen Kasuga city)



● Subject Person

Onojo or Kasuga citizens

● Items

◇Bicycles (roughly 30 units) ◇Steel furniture (roughly 100 units)

*A family unit may apply for a bicycle and a piece of steel furniture.

● Price

Bicycle: 2,600yen (including 600yen for bicycle theft prevention registration)

Steel furniture: Free

● How to Apply

Fill in the application form (distributed at the venue) and submit it at the reception.

● Notes

◆ Only visitors can apply for items.

◆ If applications exceed the number of prepared items, a drawing will be held and the notification will be sent to elected applicants.

◆ If more than an application is submitted from a family unit, all applications of the family will be invalid.

◆ More than a year must be passed to apply as for those who have received a bicycle in the past through Recycle Exhibition.

*Including the persons who declined to receive it.

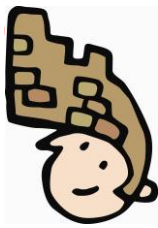
◆ Elected applicants must pick up their items on Mon, Feb. 14th - Fri, Feb. 18th from 9:00am to 3:30pm

For application or further information, please contact Local Culture and Industry Promotion Section

Tel: 092-580-1876 Fax: 092-573-7791

E-mail: sangyo@city.onojo.fukuoka.jp





Joe's NEWS

Selected information from the city magazine "ONOJO"

Jan. 15th, 2022 issue (No.9)

Recruiting Participants for Onojo Ikoi-no-mori Forest Running Race

◇Opening Ceremony

●Date and Time Sun, Apr. 17th from 8:45am.

●Venue Ushikubi Dam Memorial Park

◇The 31st Onojo Ikoi-no-mori Forest Running Race

●Race place Onojo Ikoi-no-mori Forest (around the Ushikubi Dam)

●Prize for Participation Given to all participants

●Subject Person

New 3rd grade elementary school students and older
(Elementary school students must be Onojo residents)

●Application Period Fri, Jan. 14th – Tue, Feb. 15th

●Participation Fee

◇Elementary, Junior high school student : 500yen

◇High school student : 1,000yen ◇General : 2,500yen

●Reception Time

From 8:00am, Starting time varies by category. Regarding the categories and the schedule, please check the Jan.15th issue of city magazine Onojo (Written in Japanese Only). Please come 1 hour* before your start.

*Elementary school students : 1hour 20 minutes

●How to Apply

Please contact us beforehand and visit us with participation fee.

Do you know your physical strength?

Do you want to find the right exercise for you? Check your physical strength with the Health Performance Measurement in the presence of a doctor and a health exercise instructor and advise the right exercise for you.

●Subject Person

Onojo residents or who are working in Onojo City (Aged 40 and above)

●Measuring Dates

①Thu, Jan.27th ②Thu, Mar. 17th

*Contents are the same in ① and ②.

●Venue

Sukoyaka Koryu Plaza

●Contents

◇Electrocardiogram ◇Medical interview

◇Bicycle ergometer

◇Various physical fitness measurement

(grip strength, locomotive syndrome risk test, flexibility, balance, etc.)

●Time Required approximately 1.5hrs

●Fee 1,800 yen

●Necessary Item

Copy of medical check-up results or equivalent health check-up results issued within a year, Indoor sports shoes, Drinks, Sports clothes, Towel, etc.

*In case that you are under any medical treatment, you need an authorization from your doctor.

●How to make a reservation

Call (Phone: 092-501-2322) or visit Health Promotion Office at Sukoyaka Koryu Plaza during opening hours: Mon and Wed-Sat except national holidays, 9:00am-6:00pm (Japanese-speaking staff Only) or contact us.



International Cultural Exchange Party

●Date and Time

Sun, Feb. 6th 10:30pm - 1:30pm (Reception: from 10:00pm)

●Venue Madokapia 【Small Hall (2nd Floor)】

●Details ◇Lecture ◇Performances etc.

●Limit 80 people (First-come first-served basis)

●Application Deadline Fri, Jan. 21st

●Contact and Application

Onojo International Exchange Association Contact Office
(c/o Local Culture and Industry Promotion Section)

Address: 2-2-1 Akebonomachi, Onojo-shi 816-8510

Phone:092-580-1812

E-mail: begin@city.onojo.fukuoka.jp



For application or further information, please contact Local Culture and Industry Promotion Section

Tel: 092-580-1876 Fax: 092-573-7791

E-mail: sangyo@city.onojo.fukuoka.jp





Joe's NEWS

Selected information from the city magazine "ONOJO"

Jan. 15th, 2022 issue (No.10)

About Cancellation of Events and Measures against Novel Coronavirus

*Please practice preventive measures such as wearing a mask, checking your body temperature when you join events.

*There are events which are cancelled or postponed to prevent novel coronavirus infection. For further information related to novel coronavirus infection, please refer to the HP of Onojo City or contact us.

●HP of Onojo City

Foreign Language

<http://www.city.onojo.fukuoka.jp/foreign.html>

About Novel Coronavirus

<http://www.city.onojo.fukuoka.jp/s022/010/20200206093749.html>

Cancellation or Postponement of Events

<http://www.city.onojo.fukuoka.jp/d001/20200221121745.html>

Facility Usage Time Information

<http://www.city.onojo.fukuoka.jp/d001/0228.html>

Regarding to Support Measures to Businesses and Other Organizations under the Emergency Measures

<http://www.city.onojo.fukuoka.jp/foreign.html>

Consultation Service for Novel Coronavirus Infection

●Consultation for Visiting Medical Institution

'Chikushi Health and Welfare Environment Office (Consultation Call Center)' provides consultation service for novel coronavirus infection. If it is suspected that you might have been infected with the virus, please contact 'Chikushi Health and Welfare Environment Office' immediately before visiting a medical institution.

[As to consultation in foreign language, please contact the number below.](#)

Fukuoka International Medical support Center TEL : 092-286-9595

* Available all year round (24 hours per day, 365 days per year)

*Supported Languages 19 languages

English, Chinese, Korean, Thai, Vietnamese, Indonesian, Tagalog, Nepali, Malay, Spanish, Portuguese, German, French, Italian, Russian, Khmer language, Myanmar, Sinhara and Mongolian

Chikushi Health and Welfare Environment Office

TEL : 092-707-0524 *Weekday only 8:30am - 5:00pm

TEL : 092-643-3288 *Night time, Weekends and National Holidays

Prevention of Novel Coronavirus Infection

We ask for your continuous cooperation

Please take actions to protect yourself from novel coronavirus infection

Each of us needs to have a responsibility for our actions and practice preventive measures thoroughly to protect our health and lives.

Avoid the "Three Cs" (Closed spaces, Crowded places, Close-contact settings)

◇Avoid crowded places and times.

◇Keep adequate distance from others.

◇Avoid crowded places and close-contact settings even staying outside.

◇Refrain from using restaurants, etc. that do not have thorough infection prevention measures in place, or that have not responded to requests to close or shorten business hours.

◇When using restaurants, please do in small groups and refrain from eating for long periods of time. Avoid crowded places and times.

◇Use takeout and/or delivery.

Practice basic preventive measures against infection

◇Follow "cough etiquette", Wear a mask

◇Wash and disinfect your hands frequently and thoroughly.

◇If you have symptoms like fever and/or cold, please stay at home and take a rest.

Information on Opening Hours

Jan. 17th Onojo Cocoro-no-furusato-kan City Museum will be CLOSED

Jan. 19th Madokapia will be CLOSED

Jan. 22nd Citizen Service Section will be open from 9:30am to 12:30pm

Jan. 24th Onojo Cocoro-no-furusato-kan City Museum will be CLOSED

Jan. 31st Onojo Cocoro-no-furusato-kan City Museum will be CLOSED

Joe'BOX



Don't feel alone.

Please email us at

sangyo@city.onojo.fukuoka.jp

[if you have any problems living in Onojo City.](#)

For application or further information, please contact Local Culture and Industry Promotion Section

Tel: 092-580-1876 Fax: 092-573-7791

E-mail: sangyo@city.onojo.fukuoka.jp

