

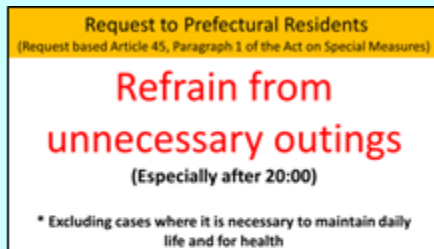
Joe's NEWS

Selected information from the city magazine "ONOJO"

Feb. 1st, 2021 issue (No.1)

Novel Coronavirus Infection Under a State of Emergency

A state of emergency has been issued to Fukuoka Prefecture until Sun, February 7th. Novel coronavirus cases have been confirmed for consecutive days in Onojo City as well, and we are in a really serious situation. It is crucial for each of us to practice thorough preventive measures to prevent the spread of novel coronavirus. Each of us needs to have a responsibility for our actions and practice preventive measures thoroughly to protect our health and lives. We ask for the understanding and cooperation of all Onojo residents to get over this crisis situation.



Request to restaurants
(Request based Article 24, Paragraph 9 of the Act on Special Measures)

Shortened business hours (5:00 to 20:00)
*Alcoholic beverages to be served from 11:00 to 19:00

●Refrain from unnecessary outings

We ask that you refrain from unnecessary outings, both day or night. Particularly, going out after 20:00.

*This does not apply to going to the hospital, shopping for food, medical supplies and daily necessities, going to work, exercising, taking a walk, or any other activities that are necessary to maintain your life and health.

●Practice basic infection prevention measures thoroughly

Please continue to perform standard infection prevention practices such as masks, hand washing, disinfecting your hands with alcohol, physical distance, and avoiding the three Cs.

(Continued on the right column)

Novel Coronavirus Infection Under a State of Emergency

(Continued from the left column)



- ・外出控え Refrain from unnecessary outings
- ・密集回避 Avoid closed spaces
- ・密接回避 Avoid close-contact settings
- ・密閉回避 Avoid crowded places
- ・換気 Ventilation
- ・咳エチケット、マスク着用 Follow "cough etiquette", Wear masks
- ・手洗い Wash hands well

For the latest information, please check the websites of Onojo City, Fukuoka Prefecture and Ministry of Health, Labour and Welfare.

- Onojo City
<http://www.city.onojo.fukuoka.jp/s022/010/20200206093749.html>
- Fukuoka Prefecture
<https://www.pref.fukuoka.lg.jp/contents/corona-gaikokujuin4.html>
- Ministry of Health, Labour and Welfare
https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000164708_00079.html

Joe'BOX



Don't feel alone.
Please email us at sangyo@city.onojo.fukuoka.jp
if you have any problems living in Onojo City.

For application or further information, please contact
Local Culture and Industry Promotion Section
Tel: 092-580-1876 Fax: 092-573-7791
E-mail: sangyo@city.onojo.fukuoka.jp





Joe's NEWS

Selected information from the city magazine "ONOJO"

Feb. 1st, 2021 issue (No.2)

Health Check-up for Older Senior Citizens

Period of the check-up is until Wed, Mar. 31st, 2021

Health Check-up can detect problems early on and it prevents diseases and worsening of diseases. The Check-up includes the checks of oral health, eating habits, etc.

●Subject Person

Those who are a member of Older Senior Citizens' Medical System

*Persons who are under treatment are also eligible.

●Place Designated medical institutions *Reservation required

*Please contact your family doctor first.

*Please check your body temperature and wear a mask when you visit a medical institution.



●Necessary Items ◆Insurance Card ◆Health Check-up Coupon ◆Health Check-up Fee: 500 yen ◆Medical check-up results of the previous year (if you have)

*Persons who will turn 75 in February or March will receive the health check-up coupon on around 10th of birth month.

●Check-up Items

◇Body measurement ◇Blood pressure ◇Blood lipid Test ◇Liver Function Test ◇Blood Sugar Test ◇Urine Test ◇Kidney Function Test

*Other tests will be conducted when a doctor decides its necessity.

Cancer Screening (Colon, Breast, Gastroendoscopy) and Specific Health Check-up at medical institutions are until Sun, Feb. 28th.
(Appointment necessary)

For further information, please contact us.

About Cancellation of Events and Measures and Supports against Novel Coronavirus

*Please practice preventive measures such as wearing a mask, checking your body temperature when you join events.

*There are events which are cancelled or postponed and facilities which limit the usage to prevent novel coronavirus infection. For further information related to novel coronavirus infection, please refer to the HP of Onojo City or contact us.

●HP of Onojo City

About Novel Coronavirus

<http://www.city.onojo.fukuoka.jp/s022/010/20200206093749.html>

Application for "My Number Card (Individual Number Card)"

Do you know you can apply for your "My number card (Individual Number Card)"? It has your face photo on it along with your individual number, address, name, birth date and sex. You can use it as an official ID card. If you wish, you can add other functions such as an electronic certificate for filing a final tax return on line (e-Tax).

You can obtain it free of charge (for reissuance, 800yen). The valid period of the card is until 10th birthday for persons aged 20 and more and 5th birthday for persons under 20.

*As for foreign residents, the validity of the card depends on the period of each Residence Card.

*In Onojo City, resident certificates are not issued at convenience stores.

Application for Individual Number Card

You can obtain your Individual Number Card by the following way.

- ① Filling in the application for an Individual Number Card sent from Onojo City by recorded delivery to each household. (The application is a part of your notification card and you need to cut it off from the notification card.)
- ② Pasting your face photo on the application.
- ③ Sending the application using the envelope enclosed with the application form.

*You can apply by post or online. As to online application, please ask us.

How to receive your Individual Number Card

① You will receive the notification of issuance in about one and a half months after your application.

② Please bring necessary items written on the notification and visit the city hall. (Please come in person.)

*When you receive the Individual Number Card, you must surrender your notification card. If you have a Basic Resident Registration Card, you must also surrender it along with your Notification Card.

For further details, please contact us.



For application or further information, please contact Local Culture and Industry Promotion Section
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E-mail: sangyo@city.onojo.fukuoka.jp





Joe's NEWS

Selected information from the city magazine "ONOJO"

Feb. 1st, 2021 issue (No.3)

Home Cooking and Baby Food Class for Pregnant Women and New Mothers

Let's learn cooking basics, healthy meals and the tips how to convert the usual meals to baby foods!

● **Subject Person** Pregnant women and guardians of babies aged up to 1 year and 3 months living in Onojo City

● **Date and Time** Sat, Mar. 6th 10:00am - 12:00pm

● **Details** ◇Lecture about cooking basics ◇Cooking demonstration, Tasting

● **Venue** Sukoyaka Koryu Plaza, Cooking Room

● **Limit** 12 people (first-come first-served basis)

● **Necessary Items** Writing materials, Drinks

*Daycare is available. ◇Fee 300 yen (Limit 12 (from 3 months old))

● **Application Acceptance** from Thu, Feb. 4th
(Reception: 10:00am - 4:00pm *Weekday only)



Bird Watching

Why don't you watch birds only seen in this season with experts?

● **Date and Time** Sat, Feb. 27th 10:00am - 12:00 pm

*In the case of rain, to be cancelled

● **Venue** around Ikoi-no-mori Mizube Park

【Oaza Ushikubi, Onojo City】

● **Fee** free

● **Limit** 20 people (First-come first-served basis)

● **Necessary Items** Binoculars (if you have), Cap, Towel, Drinks

*Please join wearing warm clothes.

● **Application Period** Mon, Feb. 15th - Fri, Feb. 19th
(Reception Time 8:30am - 5:00pm)



A part of Onojo Cocoro-no-furusato-kan City Museum will not be temporarily available

A part of Onojo Cocoro-no-furusato-kan City Museum will not be temporarily available for Tokyo 2020 Olympic Flame Display.

● **Date and Time** Sun, Feb. 14th 12:00pm - 7:00pm

● Areas not available

1st floor ◇Kids History Experience Room

◇Onojo Dynavision

◇Lifestyle Exhibition of the Showa Era

Tokyo 2020 Olympic Flame Display at Onojo Cocoro-no-furusato-kan City Museum

● **Date and Time** Sun, Feb. 14th 2:00pm - 5:00pm

● **Venue** Joe Hall (lobby)

【1st floor, Onojo Cocoro-no-furusato-kan City Museum】

*You need a numbered ticket to see the flame.

● Distribution of Numbered Ticket

The numbered tickets will be distributed at Madokapia South Side Open Space from 1:30pm on the day, Sun, Feb. 14th.

Let's visit "Star-dome-madoka" and watch stars!

Let's watch "Winter Triangle"!

● **Date and Time** Sat, Feb. 13th 7:00pm-8:50pm

● **Venue** Kita Community Center, "Star-dome-madoka"

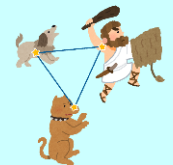
● **Details** ◇Observing stars in winter with a telescope

● **Fee** Free

*Junior High School students and younger must be accompanied by their guardians.

*In the case of rain or cloudiness, a story telling will be held in a room.

*No registration in advance necessary.



The 30th Onojo Ikoi-no-mori Forest Running Race is cancelled this year


The 30th Onojo Ikoi-no-mori Forest Running Race is cancelled this year due to the spread of novel coronavirus.

For application or further information, please contact Local Culture and Industry Promotion Section

Tel: 092-580-1876 Fax: 092-573-7791

E-mail: sangyo@city.onojo.fukuoka.jp





Joe's NEWS

Selected information from the city magazine "ONOJO"

Feb. 1st, 2021 issue (No.4)

Onojo Cocoro-no-furusato-kan City Museum Information - Japanese History Experience held in February -



Cocoful Workshop

Time	Contents
Sat, Feb. 6 th / Sun, Feb. 7 th	Let's make a "Hina" doll with paper!
Sat, Feb. 13 th / Sun, Feb. 14 th	
Sat, Feb. 20 th / Sun, Feb. 21 st	
Sat, Feb. 27 th / Sun, Feb. 28 th	Let's try "Origami" (paper folding)!

- **Subject person** Whoever wants to join.
*Participants must be accompanied by one of their guardians.
- **Time** 10:00am - 4:00pm (Reception is closed at 3:30pm.)
- **Venue** Kids History Experience Room
(1st Floor, Onojo Cocoro-no-furusato-kan City Museum)
- **Fee** Free *It will end when materials run out.



Cocoful Experience Workshop

Let's make "Wagashi" (Japanese sweets)!

- **Subject person** Elementary school students and older
*4th grade elementary school students and younger must be accompanied by one of their guardians.
- **Date** Sat, Feb. 27th / Sun, Feb. 28th ● **Time** 1:00pm - 3:00pm
- **Venue** Cooking Facilities (2nd floor, Madokapia)
- **Limit** 12 people / each day
*If applications exceed capacity, a drawing will be held.
- **Fee** 500yen
- **Application Period** Mon, Feb. 1st - Wed, Feb. 10th
- **How to apply** Send e-mail or fax to us with the name of event "February's Cocoful Experience Workshop", participant's name, age, grade, postal code and address, telephone number, preferred date written.
*1 application for 1 participant
*For application or further information, please contact us.

Notes

Please wear a mask when you visit the museum. As for children under 3 years old and people who may find it difficult to wear a mask, please talk to the museum staff.

Consultation Service for Novel Coronavirus Infection

● Consultation for Visiting Medical Institution

'Chikushi Health and Welfare Environment Office (Consultation Call Center)' provides consultation service for the persons who may have been infected by novel coronavirus. If you have symptoms listed below, please contact 'Chikushi Health and Welfare Environment Office' immediately before visiting a medical institution. *When you visit the clinic, please wear a mask and avoid using public transportation.

- ◇ Persons who have severe symptoms such as breathing difficulty, severely tired, high fever, etc.
- ◇ Persons whose symptoms are prone to easily get severe such as seniors and those who have chronic diseases and who have symptoms of colds such as fever, cough, etc.
- ◇ Persons who have symptoms of colds and been having symptoms of colds such as fever, cough, etc. (As to persons who have been having these symptoms for 4 days or more, consultation is absolutely required.)

[As to consultation in foreign language, please contact the number below.](#)

Multilingual Call Center Fukuoka Asian Medical Center TEL: 092-286-9595

Chikushi Health and Welfare Environment Office

TEL: 092-707-0524 *Weekday only 8:30am - 5:00pm

TEL: 092-643-3288 *Night time, Weekends and National Holidays

● Consultation for Other General Things

Telephone Consultation Service by Ministry of Health, Labour and Welfare

TEL: 0120-565653 (Toll-free) *9:00am - 9:00pm

Joe'BOX



Don't feel alone.

Please email us at

sangyo@city.onojo.fukuoka.jp

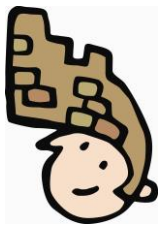
[if you have any problems living in Onojo City.](#)

For application or further information, please contact Local Culture and Industry Promotion Section

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E-mail: sangyo@city.onojo.fukuoka.jp





Joe's NEWS

Selected information from the city magazine "ONOJO"

Feb. 1st, 2021 issue (No.5)

How to consult with a doctor and have a medical examination if you think you are infected with novel coronavirus

Call and consult with a family doctor

*If you do not have a family doctor, please call and consult with a medical institution near your home such as Self Defense Forces Fukuoka Hospital, Saiseikai Futsukaichi Hospital and Fukuoka Tokushukai Medical Center.
*If you have symptoms such as fever, please be sure to call the medical institution before visiting them.

In the case that you can have an examination and get tested for novel coronavirus at the medical institution you have consulted with.

In the case that you cannot have an examination and get tested for novel coronavirus at the medical institution you have consulted with or you cannot decide the medical institution you will consult with.

You visit the medical institution you have consulted with.

- ◇ Please be sure to make a reservation before visiting them.
- ◇ Please avoid using public transportation as much as you can when visiting a medical institution.
- ◇ Please wear a mask when having a medical examination.

Consultation Center

◇ Chikushi Health and Welfare Environment Office

TEL: 092-707-0524

*Weekday only 8:30am - 5:00pm

TEL: 092-643-3288

*Night time, Weekends and National Holidays

[As to consultation in foreign language, please contact the number below.](#)

◇ Multilingual Call Center Fukuoka Asian Medical Center

TEL: 092-286-9595

For further information, please contact us.

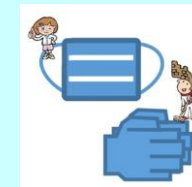
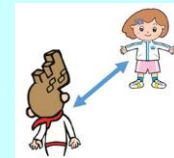
They introduce a medical institution where you can have an examination and get tested for novel coronavirus.
*Please call the medical institution before visiting.

We ask for your cooperation to prevent the spread of novel coronavirus infection

Each of us needs to have a responsibility for our actions and practice preventive measures thoroughly to protect our health and lives.

Practice basic preventive measures such as wear a mask, and...

- ◇ Wash and disinfect your hands well and frequently.
- ◇ Follow "cough etiquette"
- ◇ Ventilate spaces regularly.
- ◇ Keep your distance from others.
- ◇ Avoid the "Three Cs" (Closed spaces, Crowded places, Close-contact settings)
- ◇ Check your body temperature every morning. If you have symptoms like fever, cough, and or cold, please stay at home and take a rest.
- ◇ Take preventive measures thoroughly at gatherings.
- ◇ Refrain from going to places where they lack preventive measures.
- ◇ Register for the app, COCOA.



Information on Opening Hours

- Feb. 1st Onojo Cocoro-no-furusato-kan City Museum will be CLOSED
- Feb. 3rd Madokapia will be CLOSED
- Feb. 8th Onojo Cocoro-no-furusato-kan City Museum will be CLOSED
- Feb. 13th Citizen Service Section will be open from 9:30am to 12:30pm

For application or further information, please contact Local Culture and Industry Promotion Section

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E-mail: sangyo@city.onojo.fukuoka.jp

