

Consultation Service for Novel Coronavirus

New coronavirus outbreak in Wuhan, China was reported in December 2019. Since then it spreads internationally. Patients with pneumonia related to new coronavirus are confirmed in Japan. The case that the persons who have not visited Wuhan before are infected is reported as well.

●To Residents

Precaution is important. We ask you to do the same preventive measures like common colds and flu.

Preventive measures

- ◇Wash your hands well.
- ◇Follow "cough etiquette".
- ◇Cover your mouth and nose with a medical mask when coughing and sneezing.
- ◇Cook meat and eggs thoroughly.
- ◇Avoid close contact with anyone showing symptoms of respiratory illness such as coughing and sneezing.

As to persons who apply to the following case 1 or 2 and have symptoms of fever and respiratory illness, please call Human Services and Environment Issues, Fukuoka Prefecture (Chikushi Office) before visiting a medical institution. (Please tell that you had been in Wuhan when you call them.) After the consultation, they will introduce a medical institution depending on your symptoms.

Case1. You had visited China.

Case2. You had visited China and have contact with the person who has symptoms of fever and respiratory illness.

●Human Services and Environment Issues, Fukuoka Prefecture (Chikushi Office)

- ◇TEL:092-513-5584 *Weekday only 8:30am - 5:00pm
 - ◇TEL:092-471-0264 *Night time, Saturday, Sunday and National Holiday
- (Continued on next column)

Consultation Service for Novel Coronavirus

As to information related to new coronavirus, Fukuoka Prefecture and Ministry of Health, Labour and Welfare provide telephone consultation service.

●Telephone Consultation Service by Fukuoka Prefecture

- ◇TEL:092-643-3288 ◇FAX:092-643-3331
- ◇Reception time:8:30am - 5:00pm *Weekday only

●Telephone Consultation Service by Ministry of Health, Labour and Welfare

- ◇TEL: 0120-565653 (Toll-free)
- ◇Reception time:9:00am - 9:00pm
- *Weekday, Saturday, Sunday and National Holiday

Information about New Coronavirus by Ministry of Health, Labour and Welfare
https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000164708_00001.html

●Call Center in Foreign Language Multilingual Call Center Fukuoka Asian Medical Center (regarding to medical care)

- ◇TEL:092-286-9595

Fukuoka Yokatoko Call Center (for foreign tourists)

- ◇TEL:092-687-6639

●Information about New Coronavirus Provided by Fukuoka International Exchange Foundation

- ◇Information about the new Corona Virus
https://www.kokusaihiroba.or.jp/english/pages/news/details/?content_id=2791
- ◇有关新型冠状病毒的新信息
https://www.kokusaihiroba.or.jp/china/pages/news/details/?content_id=2790
- ◇신종 코로나 바이러스에 관한 정보 제공
https://www.kokusaihiroba.or.jp/korea/pages/news/details/?content_id=2792

For further information, please contact us.

Joe'BOX



Don't feel alone.
Please email us at
sangyo@city.onojo.fukuoka.jp
if you have any problems living in Onojo City.

For application or further information, please contact Local
Culture and Industry Promotion Section
Tel: 092-580-1876 Fax: 092-572-8432
E-mail: sangyo@city.onojo.fukuoka.jp





Joe's NEWS

Selected information from the city magazine "ONOJO"

Feb. 15th, 2020 issue (No.2)

Fitness Class for Beginners

- Registration for the 1st Period of Fitness Class -

This class targets beginners. You will learn how to exercise safely and effectively. The 1st period of the fitness class will start from May. Why don't you join this class and learn appropriate and effective methods.

Venue	Period	Time
Chuo Community Center	Wednesdays: May 13 th - July 15 th (10times)	10:00am – 11:30am (May 13 th : 9:30am – 11:30am)
Higashi Community Center		1:30pm – 3:00pm (May 13 th : 1:30pm – 3:30pm)
Minami Community Center	Fridays: May 15 th - July 17 th (10times)	10:00am – 11:30am (May 15 th : 9:30am – 11:30am)
Kita Community Center		1:30pm – 3:00pm (May 15 th : 1:30pm – 3:30pm)

●Subject Person

Onojo residents with no exercise experience (Aged 40 and above)

●Details

- ◆Lecture (nutrition/exercise) ◆Physical fitness test
- ◆Exercises (walking, stretch, etc.)
- ◆Introduction of exercises you can do at home without any exercise tools

●Limit 25 people per venue

*If applications exceed the limit, a drawing will be held.

●Fee 1,000yen (10 times)

●Necessary Items

- ◆Comfortable clothes for exercises
- ◆Indoor shoes ◆Writing materials ◆Drinks

●How to Apply

Send a reply-paid postcard to the address below with the followings written: "Kenko Undo Kyoshitsu 1st Period", your name with furigana, address with the postal code, age, male or female, phone number and names of the venues (your 1st and 2nd choice), name of disease if you are under medical treatment

*As for the application address and deadline, please refer to the table on the right upper column.



Fitness Class for Beginners

- Registration for the 1st Period of Fitness Class -

Send to

◆Attn: Senior Citizens Health Section

◆Address:

c/o Sukoyaka Koryu Plaza, 4-2-1 Kawarada Onojo City 816-0932

●Application Deadline

Must be received before Wed, Mar. 25th

Submission of Final Income Tax Return Document

You can submit the documents at Onojo City Office, if you are aged 65 and older and your income is only pension or salary or your income is both of pension and salary.

●Submission at Onojo City Office (New building 4F, Room #427)

Mon, Feb. 17th - Fri, Feb. 28th, 9:00am-3:30pm, Weekday only

Disaster Prevention Session for Foreign Residents

We never know when disasters will occur, so it is crucial to prepare for them with proper knowledge. Why don't you join this session and learn about disasters in Japan and how to prepare for them?

●Subject Person Foreign residents living, studying or working in Onojo City

●Date and Time Sat, Mar. 7th 11:00am - 12:00pm

●Venue Chuo Community Center, 2nd Floor, Training Room 1・2

●Content You can learn about evacuation sites, disaster preparedness and so on in simple Japanese and English with video and hazard maps (English, Chinese and Korean versions)

●Fee Free

●How to Apply Call or Send e-mail us with your name, address, mobile phone number, the version of the hazard map.

*Please write "Application for Disaster Prevention Session" in subject when you send e-mail. *You can call or text us in English.

●Application Deadline Wed, Mar. 4th *You can join on the day.

For application or further information, please contact Local Culture and Industry Promotion Section

Tel: 092-580-1876 Fax: 092-573-7791

E-mail: sangyo@city.onojo.fukuoka.jp





Joe's NEWS

Selected information from the city magazine "ONOJO"

Feb. 15th, 2020 issue (No.3)

Do you know your physical strength?

Do you want to stay fit? Do you want to find the right exercise for you? Check your physical strength with the Health Performance Measurement in the presence of a health exercise instructor.

●Subject Person

Onojo residents or who are working in Onojo City (Aged 40 and above)

Measuring Dates	Venue	Limit (first-come first-served basis)
Thu, Mar.19 th	Minami Community Center	15 people
Thu, May 21 st	Sukoyaka Koryu Plaza	25 people

●Contents

- ◇Electrocardiogram ◇Medical interview
- ◇Bicycle ergometer (endurance, stamina)
- ◇Various physical fitness measurement
(balance, flexibility, muscle strength, agility, etc.)

●Time Required approximately 1.5hrs

●Fee 1,800 yen

●Necessary Item

Copy of Specific Medical Check-up results issued within a year, Indoor sports shoes, Drinks, Sports clothes, Towel, etc.

*In case that you are under any medical treatment, you need an authorization from your doctor.

●How to make a reservation

Making a reservation by phone during Opening Hours:
092-501-2322 (Japanese-speaking staff only)

*Please contact us beforehand if you have difficulty in making reservation.



Temporary Closure of a Part of OCCM

2nd floor of Onojo Cocoro-no-furusato-kan City Museum (OCCM) will be temporarily closed from **Thu, Feb. 27th to Mon, Mar. 9th** for the removal of current special exhibition.

Clean-Ene-Park South Open Day for Residents

(Clean-Ene-Park South is an incineration plant.)

●Date Sun, Mar. 8th 10:00am -

●Contents

◇Plant tour Plant tour starts from 10:00am.

*Each tour takes about 30 minutes.

*It will be held 5 times in total. *Tour Guide: Japanese only

◇Free Handover of Used Children's Clothes *Size: about 80cm - 120cm

*Those who join Plant tour can participate in Free Handover of Used Children's Clothes

*The number of free handover items which participants bring back is limited.

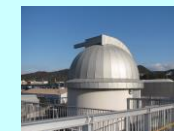
*The session will end when all the stock has been handed over.

*Please bring a bag to take the given clothes home.

●Venue Clean-Ene-Park South 【104-5 Shimo-shirozu Oaza Kasuga City】

Let's go to "Star-dome-madoka"!

Let's watch the moon and Venus together!



●Date and Time Sat, Mar. 28th 7:00pm-8:50pm

●Venue Kita Community Center, "Star-dome-madoka"

●Content ◇Observing stars in winter and spring with a telescope

◇Observing Venus with a telescope

●Fee Free

*Junior High School students and younger must be accompanied by guardians.

*In the case of rain or cloudiness, a story telling will be held in a room.

*No registration in advance necessary.

Information on Opening Hours

Feb. 17th Onojo Cocoro-no-furusato-kan City Museum will be CLOSED

Feb. 19th Madokapia will be CLOSED

Feb. 22nd Citizen Service Section will be open from 9:30am to 12:30pm

Feb. 25th Onojo Cocoro-no-furusato-kan City Museum will be CLOSED

For application or further information, please contact Local

Culture and Industry Promotion Section

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